

# Static Strength

DFP-BP-PU-SU300-450

**Body Pull & Push Ups** – Offering two key exercises, this unit is excellent for building good posture, arm, shoulder and back strength.

**Pull Ups & Leg Raises** – The integrated platform enables ‘assisted’ pull ups to be performed. Leg Raises are effective for building abdominal and leg strength.

**Step Ups** – Providing two steps of different heights. The lower step with grab rail is great for seniors to build leg strength and enhanced mobility. The upper step offers a greater challenge for people with greater fitness levels.



## Specifications

Equipment size: 1800 x 1600mm
Fall zone: 19,4m <sup>2</sup>

## Play Types



\*All information is commercial in confidence and is the property of The Play Collective. For details regarding Australian standards, warranties, insurances, QA and installation, please contact your local office. All information is correct as at February 2024.

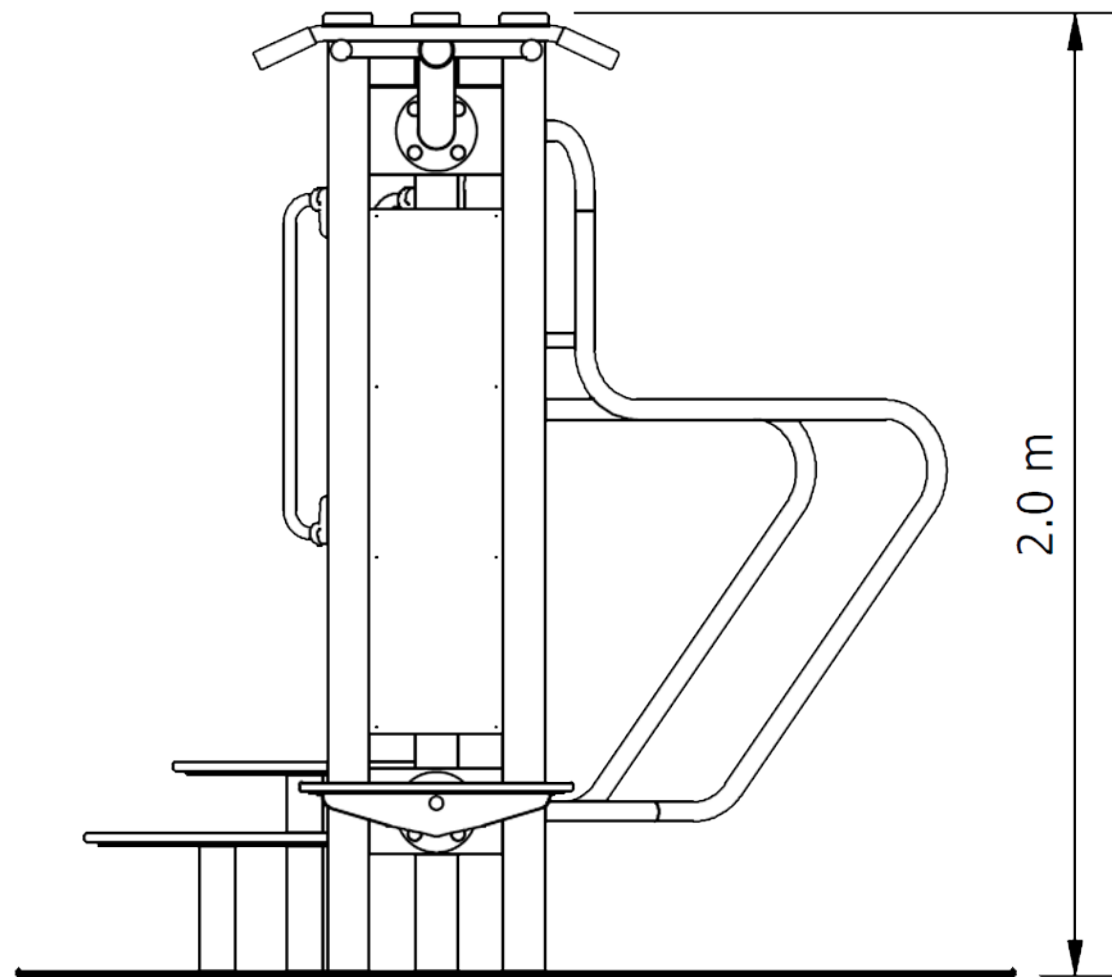
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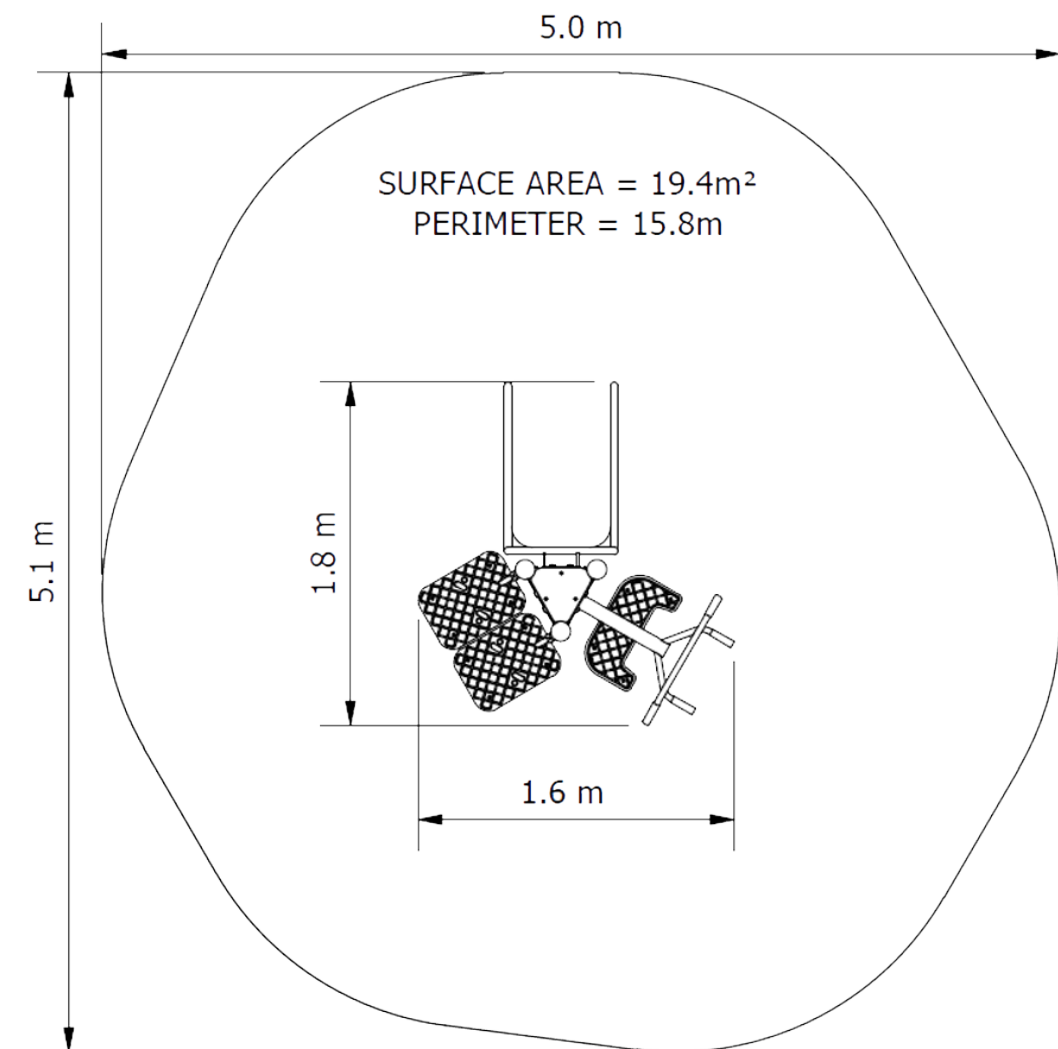


**PlayCo**

Elevation



Plan View



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