

# Aerobic / Flex

## 2DFP-AC-ET-SS

**Elliptical Trainer** – Helps build both upper and low body strength and co-ordination while delivering a great cardiovascular workout.

**Aerobic Cycle** – Develops cardiovascular fitness and co-ordination. This unit relies on users 'spinning' the pedals at a pace to increase heart rate.

**Stretch Station** – a simple yet incredibly important unit, this item guides users through six important stretches to build and maintain mobility. Stretching is a critical part of any exercise regime.



## Specifications

Equipment size: 2300 x 2500mm

Fall zone: 23.8m<sup>2</sup>

## Play Types



\*All information is commercial in confidence and is the property of The Play Collective. For details regarding Australian standards, warranties, insurances, QA and installation, please contact your local office. All information is correct as at February 2024.

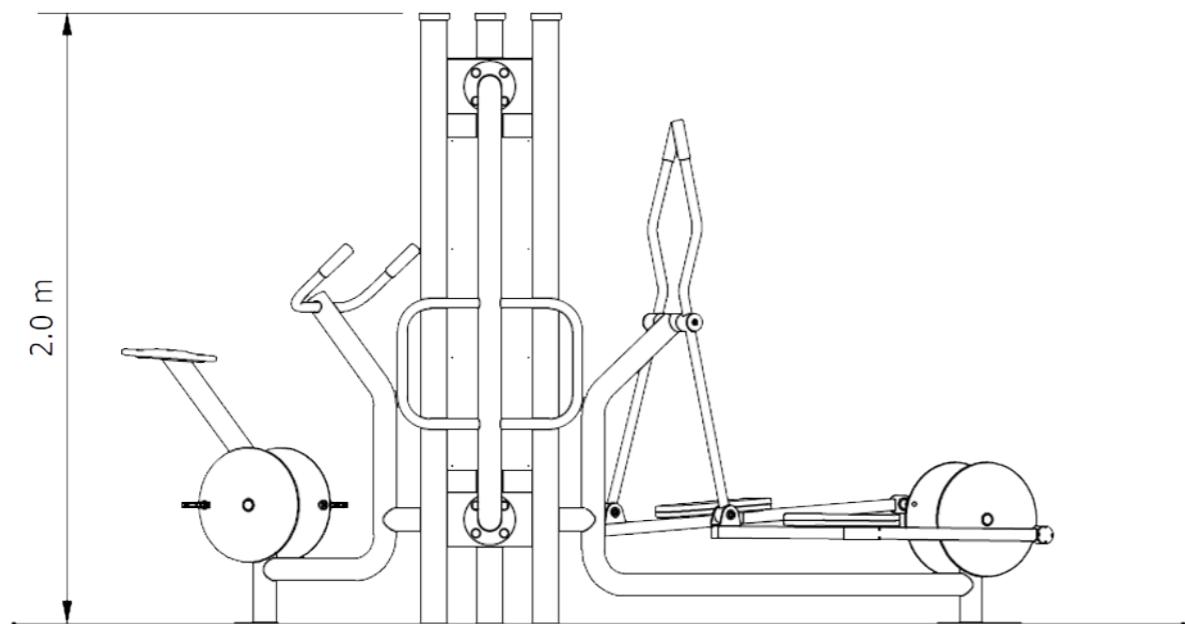
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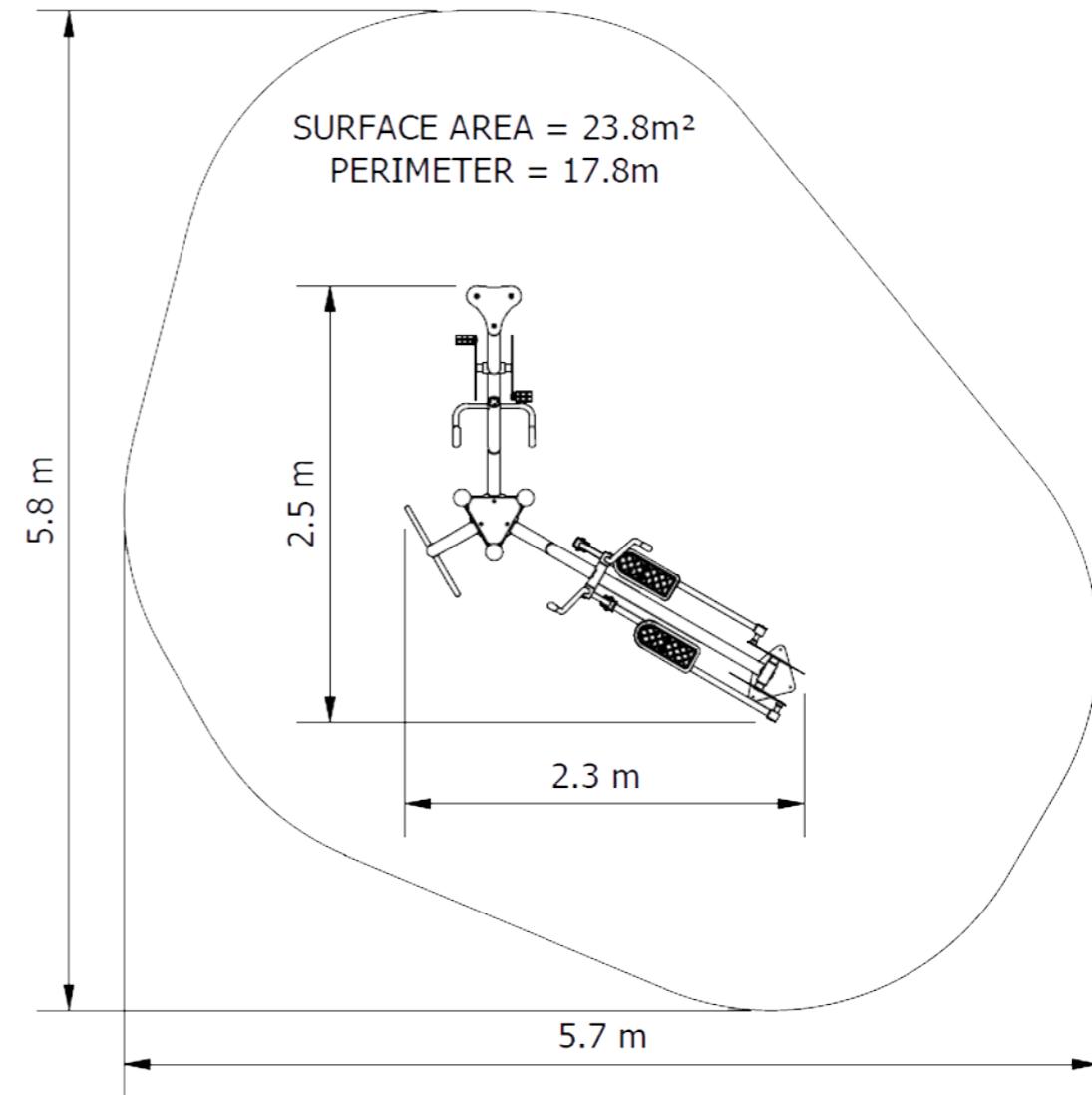


**PlayCo**

Elevation



Plan View



To learn more about our warranty, compliance, materials, or colour palette and customisation options, contact PlayCo:

1800 655 041 | [hello@playco.com.au](mailto:hello@playco.com.au) | [playco.com.au](http://playco.com.au)

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